



Caring for Our People

Manaakitia ā tātou tāngata
November 2018

As-salāmu ‘alaykum. Peace be with you.

Becoming a Ready Church – it is a mindset

<http://www.methodist.org.nz/discussing-a-ready-church>

Bicycle helmets are required to be worn by law. Bicycle helmets have been mandatory in New Zealand since January 1994. The statute, delineated in Part 11 of the Land Transport (Road User) Rule 2004 (SR 2004/427), states that "A person must not ride, or be carried on, a bicycle on a road unless the person is wearing a safety helmet of an approved standard that is securely fastened." The law describes six different acceptable helmet standards.¹



Tell me... does all that legal stuff capture your heart and make you want to wear a helmet?

Cycle helmets are designed for slow speed crashes on to curbs from head height. They are not intended to offer protection against being hit by a car or truck (they're polystyrene blocks, not force fields).



They may prevent awful outcomes but they don't prevent accidents. We don't wear them in our sudsy showers, or when we are climbing the ladder to clean leaves out of the gutter.



Laws and regulations only set out minimum requirements.

Helmets help protect your head from the bad outcomes of an accident.

Wouldn't it be better to take actions to help prevent the accident in the first place?

One of the major reasons of cycling accidents is drivers inability to see cyclists properly and drivers failure to judge the speed or distance of the cyclist.

What would you wear on a bicycle to keep yourself safe?

What would you do over and above any law or regulation that is simple and easy and helps avoid accidents, and helps reduce bad outcomes?

This is what it means to be Ready.

We don't all ride bicycles.

What events and activities do you need to be Ready for?

Being Ready is mindset that we can exercise with our all of our decision making and activities, whether it is in parish life, our work life or our home life.



Please hold a discussion with your parish about becoming Ready, and what this might mean to you and all the varied groups and committees within our Connexion.

Feedback your thoughts on becoming ready [Online \(click here\)](http://www.methodist.org.nz/discussing-a-ready-church)

Various methods of providing feedback can be found at <http://www.methodist.org.nz/discussing-a-ready-church>

Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.

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¹ This information must be true – it is from Wikipedia.

