AED-Defibillator Offer to all Churches and Places of Worship

I hate to tell you this but we are none of us getting any younger!

Thankfully, the St John organisation have one solution for keeping our hearts ticking a little longer.

They are offering 25% off their defibrillators to ALL churches, denominations and places of worship. And if there is enough interest in purchasing a defibrillator, then that discount may be increased!

All the information is available on our website <u>http://www.methodist.org.nz/caring_for_our_people/aed-defibrillator_offer</u>

Registrations of Interest are open **until 30 June 2019**, and can be made by emailing St John at the following email addresses. <u>Laura.risbrook@stjohn.org.nz</u> <u>scott.lewis@stjohn.org.nz</u>

Please share this offer far and wide throughout our parishes and churches as we may all benefit.

We can save lives.



Funding Options for a defibrillator

It is always good to have funding assistance when purchasing an item like an AED but there are limited grants available for AEDs. The following grants would consider applications. Please ensure you read all criteria information applicable for each fund.

CLICK to download PAC Grant application (closes 30 June 2019) CLICK here to apply for Foodstuff Community Trust grant (South Island only) CLICK here to apply for Central Lakes Trust grant (Central Otago, Queenstown Lakes) CLICK here to apply for Nikau Foundation grant (Wellington area closes August 2019) CLICK here to apply for Auckland Founda+ion grant (Auckland area) CLICK here to apply for T G Macarthy Trust grant (closes 30 June each year) (CLICK for old Wellington Province)

Already have an AED? Ensure your AED is registered with the 111 call centre! <u>Private listing with 111 call centre</u> <u>Public register online with AED Location</u>

> Want to know where the AEDs are? <u>CLICK here for aedlocations.co.nz</u> <u>Get the App for your smartphone!</u>





instructions



<u>Caring for Our People</u> Manaakitia ā tātou tāngata May 2019

As-salāmu 'alaykum. Peace be with you.

Health and Safety - Where do we start?!

As the feedback still trickles in from the Waikato-Waiariki Synod training day, I am better understanding how people are feeling.

"daunted by the complexity of bureaucracy" "the journey yet to start for a very small parish is mind boggling" "we seem to be sitting under a waterfall of new regulations... with no increase in money or people"

I am guessing it feels like going to church seems to have an extra layer of paperwork added to it nowadays! Who goes to church to worship paperwork?

You are experiencing the same pain as trades! The Painterman and I came to Christchurch to help fix homes, but first we had to become health and safety experts before we could pick up a hammer or paint brush.

I would recommend that parish councils start as me and The Painterman did. Have a conversation and make the decision to <u>do</u> health and safety rather than just doing enough. It made a huge change to our decision making process, making it much easier to pick what to do particularly if the path chosen supported our goal of looking after people on our sites. It also removed a lot of angst because we were sure of the direction.

From having that conversation here are some tips to make a life of Caring for Our People easy.

- Take the easy path the wheel has already been reinvented. Check out the "Caring for Our People" website. http://www.methodist.org.nz/caring_for_our_people for tools and templates to use The website contains those activities that we should be doing
- Let the bureaucracy changes be tracked for you! Register at <u>healthandsafety@methodist.org.nz</u> to be kept informed of relevant changes.
- **Start small, but make sure you start!** Not everything has to be done at once, make one key decision every Parish Council meeting. Priority recommendations are:
 - o Complete the Stage 1 Asbestos management plan and send it to me! CLICK HERE
 - Adopt the incident reporting process <u>CLICK HERE</u>
 - o Take the first step for to create an Emergency Response Plan CLICK HERE
- **Call me if you need help**. I can provide advice, I can change templates or processes for you, or I can suggest competent consultants. You are not in this alone!

Even though people went into overload on training day, they still remembered the core information:

"life is complex - ask the experts"

"Processes are there to be tailored for each situation"

"I was grateful for the **demystifying** of quite a few things"

I hope this helps you start the journey. Kia kaha, kia manawanui.

Ehara taku toa i te toa takitahi, engari kē he toa takitini.

My success is not mine alone instead it is the success of the collective.

Nā Trudy Downes Mobile 027 457 4196 <u>trudyd@methodist.org.nz</u>



